

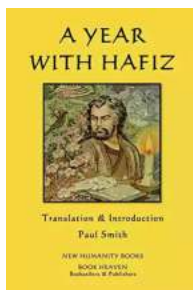
# The Year With Hafiz: A Transformational Journey Towards Authentic Living

Are you ready to embark on a truly transformative journey? If so, get ready to spend a year with the mystical poet Hafiz, whose wisdom and poetic expressions have captivated hearts for centuries. In this immersive experience, we will delve into the depths of Hafiz's teachings, exploring how they can guide us towards living a more authentic and meaningful life.

## The Wisdom of Hafiz: Unveiling the Hidden Treasures

Hafiz, also known as Hafez, was a 14th-century Persian poet whose words continue to resonate with readers around the world. His poetry, filled with profound insights and spiritual teachings, has been praised for its beauty and ability to touch the soul.

In "The Year With Hafiz," we will dive into the vast ocean of Hafiz's poetry, exploring the themes of love, spirituality, and self-discovery. Through his verses, Hafiz invites us to question our beliefs, embrace our vulnerabilities, and find solace in the divine. His words act as a mirror, reflecting back to us the complexities of human existence and offering guidance to navigate the journey.



## A Year with Hafiz (The 'A Year With' Series Book 1)

by Paul Smith (Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 573 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 231 pages  
Lending : Enabled



## **A Month-by-Month Exploration**

To fully immerse ourselves in Hafiz's wisdom, we will embark on a month-by-month exploration of his poetry. Each month will be dedicated to a different theme, allowing us to delve deep into specific aspects of our lives. From love and relationships to spirituality and personal growth, every month will bring a new opportunity for introspection and transformation.

### **January: Embracing Love**

Love is a central theme in Hafiz's poetry, and January will be dedicated to unraveling its mysteries. Through Hafiz's verses, we will learn to embrace both the joy and pain that love brings, recognizing it as a catalyst for growth and transcendence.

### **February: Navigating Relationships**

In February, we will explore the complexities of human relationships. Hafiz's teachings will guide us in forging deeper connections, fostering empathy and understanding, and transcending the barriers that separate us from one another.

### **March: Discovering Inner Peace**

As the year progresses, March will be dedicated to finding inner peace amidst the chaos of everyday life. Hafiz's poetry will serve as a guiding

light, reminding us to seek solace within ourselves and trust in the divine order of the universe.

### **April: Embracing Vulnerability**

In April, we will delve into the transformative power of vulnerability. Hafiz's words will encourage us to embrace our imperfections, let go of masks we wear, and find strength in our authenticity.

### **May: Connecting with Nature**

Hafiz's poetry often celebrates the beauty and wisdom of nature. In May, we will take a step back from our busy lives to reconnect with the natural world. By immersing ourselves in the stillness of nature, we will discover profound insights and a renewed sense of wonder.

### **June: Cultivating Gratitude**

In June, Hafiz will inspire us to cultivate gratitude for the blessings in our lives. Through his poetry, we will learn to appreciate the simple joys, find beauty in every experience, and transform our perspective on life.

### **July: Seeking Spiritual Awakening**

As we reach the midpoint of the year, July will be dedicated to seeking spiritual awakening. Hafiz's profound insights will guide us in transcending the limitations of our ego and connecting with the divine essence within ourselves and all of creation.

### **August: Embracing Change**

In August, we will embrace the transformative power of change. Hafiz's teachings will encourage us to let go of our attachments, embrace the

impermanence of life, and find freedom in embracing the unknown.

### **September: Nurturing Self-Love**

In September, Hafiz's words will remind us of the importance of self-love and self-care. Through his poetry, we will learn to embrace our worthiness, nourish our souls, and create a foundation of love within ourselves.

### **October: Unveiling Truth**

In October, Hafiz will guide us towards unveiling the truths that lie within us. Through his poetry, we will learn to recognize the illusions we have created and seek the deeper truths that can set us free.

### **November: Embracing Forgiveness**

November will be dedicated to the transformative power of forgiveness. Hafiz's teachings will help us let go of grudges, heal past wounds, and cultivate compassion for ourselves and others.

### **December: Embodying Joy**

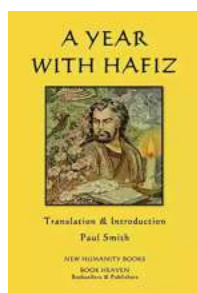
As the year comes to a close, December will be a celebration of joy. Hafiz's poetry will remind us to embrace the lightness of being, find joy in the present moment, and create a life filled with love and laughter.

### **The Year With Hafiz: A Journey of Authentic Living**

By spending a year with Hafiz, we are embarking on a transformative journey towards authentic living. Through his poetry, we will learn to embrace love, navigate relationships, find inner peace, and cultivate gratitude. We will connect with nature, seek spiritual awakening, and embrace change. We will nurture self-love, unveil truth, and embrace

forgiveness. Ultimately, we will embody joy and create a life that reflects our true essence.

So, are you ready to embark on this transformational journey? Join us on "The Year With Hafiz" and discover the profound wisdom that can guide you towards a life of deep fulfillment and authenticity. This is not just a year-long exploration but a lifelong commitment to living in alignment with your true self.



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## A YEAR WITH HAFIZ

### Translation & Paul Smith

Persia's greatest exponent of the ghazal Hafiz (1320-1392) became a Perfect Master (Qutub), was twice exiled from his beloved Shiraz for his criticism of rulers and false Sufi masters and hypocritical clergy. His Divan shows he composed in nearly all forms. As with his ghazals, his masnavis, qasidas, qita's, ruba'is and other poems are sometimes mystical and

sometimes dealing with the complications of human love. His Divan is one of the greatest and most loved Oracles of all time. Selected Bibliography. Glossary. The correct rhyme-structure has been kept as well as the beauty and meaning of these immortal 366 poems, one for each day of every year!

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Goethe: "In his poetry Hafiz inscribed undeniable truth indelibly! He has no peer!"

Gertrude Bell: "It is as if his mental Eye, endowed with wonderful acuteness of vision, had penetrated into those provinces of thought which we of a later age were destined to inhabit."

Meher Baba: "There is no equal to Hafiz in poetry. He was a Perfect Master ... His Divan is the best book in the world because it engenders feelings which ultimately lead to illumination."

Emerson: "Hafiz defies you to show him or put him in a condition inopportune or ignoble... He fears nothing. He sees too far; he sees throughout; such is the only man I wish to see or be."

## COMMENTS ON PAUL SMITH'S TRANSLATION OF HAFIZ'S 'DIVAN'.

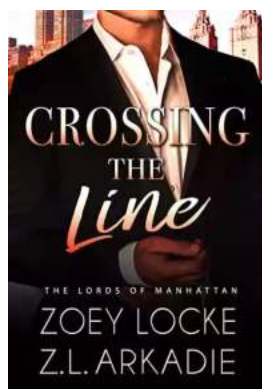
"It is not a joke... the English version of ALL the ghazals of Hafiz is a great feat and of paramount importance. " Dr. Mir Mohammad Taghavi (Dr. of Literature) Tehran.

"Superb translations. 99% Hafiz 1% Paul Smith." Ali Akbar Shapurzman, translator of English to Persian and knower of Hafiz's Divan off by heart.

"Smith has probably put together the greatest collection of literary facts and history concerning Hafiz." Daniel Ladinsky (Penguin Books author).

Paul Smith (b. 1945) is a poet, author and translator of many books of Sufi poets of Persian, Arabic, Urdu, Turkish and other languages including Hafiz, Sadi, Nizami, Rumi, 'Attar, Sana'i, Jahan Khatun, Obeyd Zakani, Mu'in, Amir Khusrau, Nesimi, Kabir, Anvari, Ansari, Jami, Khayyam, Hallaj, Rudaki, Yunus Emre and many others, as well as his own poetry, fiction, plays, biographies, kids books and a dozen screenplays.

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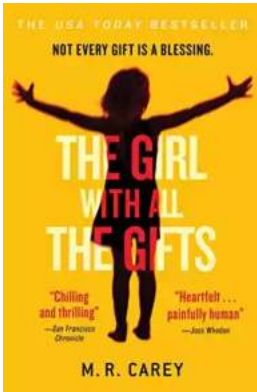
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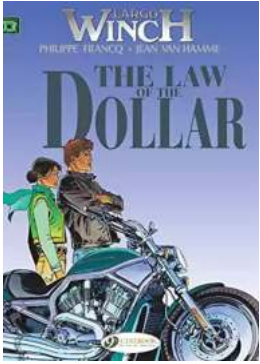
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